PAIRS FOR OUR FAMILY, FOR OUR FUTURE

SmartMarriages Conference San Francisco, CA July 3-5, 2008

UCF Marriage & Family Research Institute

INTRODUCTION

- Presenters
- Time is of the Essence: Speak in headlines
- Question & Answer Session at end

OBJECTIVES

- Working with low-income couples
- Overview of PAIRS For Our Family, For Our Future
- Three tools:
 - Relationship Road Map
 - Good Will Umbrella
 - Daily Temperature Reading

WORKING WITH LOW-INCOME COUPLES

- Low-income defined
- Recruitment
- Retention
- Engagement

WHAT IS SHM?

- Supporting Healthy Marriage
- National random assignment study of marriage education & support on low-income couples & kids
- Eight Sites: Florida, Kansas, New York, Oklahoma,
 Pennsylvania, Texas, Washington (2 Sites)
- 800 Couples per Site / 6,400 Couples Total
- Funded by MDRC and U.S. DHHS HMI

WHAT IS PAIRS?

- Practical Application for Intimate Relationship Skills
- Interactive, educational program in group format
- Various lengths from one-day to semester-length
- Formats: youth, adult, faith-based, military and Spanish
- Created by Dr. Lori Gordon

PAIRS FOR OUR FUTURE

- Curriculum Goals
 - Effective communication
 - Connecting & confiding
 - Effective decision-making & conflict resolution
 - Social & family support

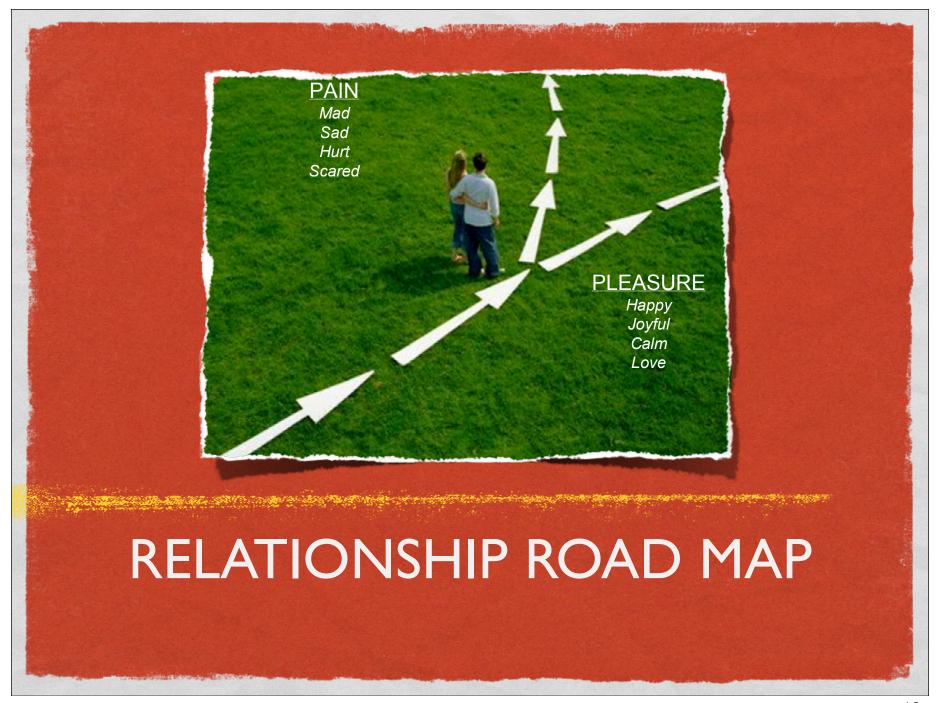
PAIRS FOR OUR FUTURE

- Curriculum Format
 - 30 hours of curricula
 - 12 2.5-hour sessions or 6 5-hour sessions
 - Includes Practical Tools and Concepts

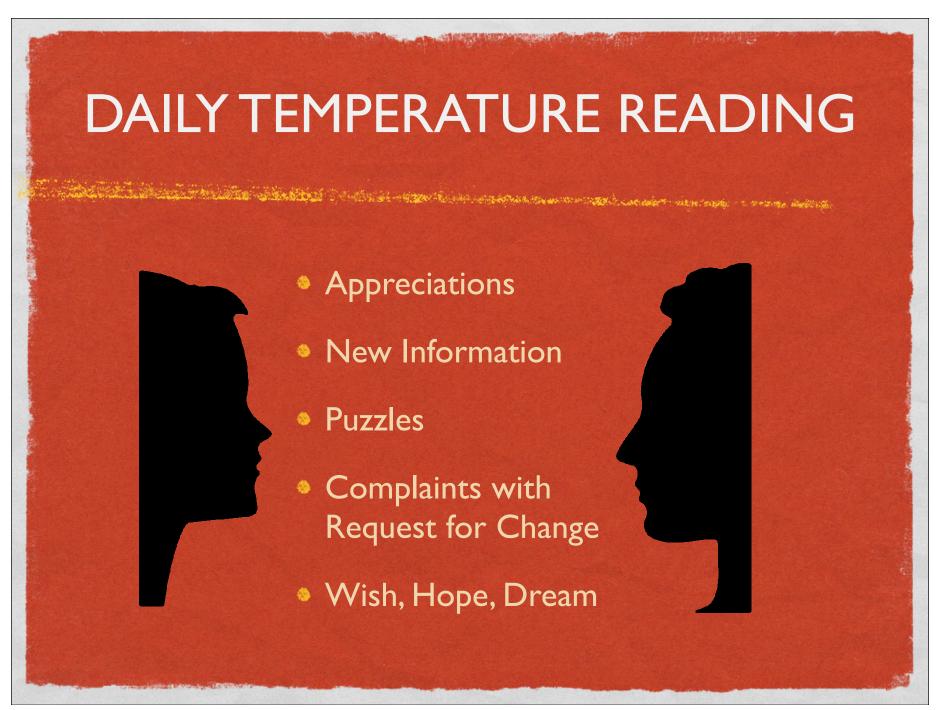
TOOLS & CONCEPTS

- Relationship Road Map
- Good Will Umbrella
- Daily Temperature Reading
- Leveling Position
- PAIRS Invitation Rule
- Shared Meaning

- Talking Tips
- Love Languages
- Mind Reading
 - Time Out
 - Empty the Jug
 - Fair Fight for Change







SUMMARY

- Objectives
 - Low-income Couples
 - Curriculum Overview
 - Three Tools
- Experiential & Interactive



CONTACT INFORMATION

- PAIRS
 2771 Executive Park Drive
 Suite One
 Westin, FL 33331
- (954) 660-0911
- www.pairs.com / info@pairs.com

CONTACT INFORMATION

- UCF Marriage and Family Research Institute P.O. Box 163262
 Orlando, FL 32816-3262
 (407) 823-1748
 mfri.ucf.edu
- Dr. Andrew Daire -- adaire@mail.ucf.edu
- Matthew Munyon -- mmunyon@mail.ucf.edu
- Ryan Carlson -- rcarlson@mail.ucf.edu