

# PLENARY KEYNOTE SESSIONS (See [smartmariages.com/keynotes.html](http://smartmariages.com/keynotes.html) for descriptions)

## BANQUET

(B-1) TUESDAY, JULY 1, 6:30PM



**IMAGO: Couplehood as a Spiritual Path**  
Harville Hendrix & Helen LaKelly Hunt, PhDs

## WEDNESDAY

JULY 2, 6:30pm  
OPENING PLENARY SESSION (P-1)



**Welcome**  
Diane Sollee, MSW  
Founder and Director,  
Smart Marriages



**The California Campaign**  
Dennis Stoica, MBA  
President,  
California Healthy Marriages Coalition

## THURSDAY

(P-2) JULY 3, 8:30am



**The 5 Love Languages**  
Gary Chapman, PhD

## THURSDAY, JULY 3

(P-3) 12:45PM



**Waiting to Marry**  
John Van Epp, PhD

(P-4) 4PM



**The Sex-Starved Wife**  
Michele Weiner-Davis, MSW



**Marriage Integrity**  
Pat Love, EdD

## BANQUET

(B-2) 7PM



**Raising Children for Good Marriages**  
Bill Doherty, PhD

## FRIDAY, JULY 4

(P-5) 8:30AM



**Let's Get Real: Marriage Education for Individuals**  
Howard Markman, PhD, Scott Stanley, PhD



## FRIDAY, JULY 4

(P-6) 12:45PM



**Tools of the Trade**  
Julie Baumgardner, MS, CFLE



**The Couple Checkup**  
David Olson, PhD

## SATURDAY, JULY 5

(P-7) 8:30AM



**Hold Me Tight**  
Sue Johnson, EdD

(P-8) 2:30PM



**Ultimate Relationships**  
Cloé Madanes, HDL

(P-9) 7:30PM



**Why Mars and Venus Collide: A Celebration of Love**  
John Gray, PhD

## SATURDAY NIGHT LIVE!

## Special Invited Master Workshops, Thursday and Friday



**201 His Needs, Her Needs**  
Willard Harley



**202 Soul Healing Love**  
Beverly & Tom Rodgers



**301 Mating in Captivity**  
Esther Perel



**302 New Rules of Marriage**  
Terry Real



**401 At the Movies**  
Frank Pittman



**402 Falling in Love**  
Joe Beam



**501 Improve Your Marriage Without Talking About It!**  
Pat Love, Steven Stosny



**502 Couples: The Strongest Link**  
George Doub, Ana Morante



**502 Couples: The Strongest Link**  
George Doub, Ana Morante



## Special Invited Master Workshops, Saturday



**601 Boomers on the Edge**  
Terry Hargrave



**602 Secrets of Happily Married Women**  
Scott Haltzman



**701 10 Great Dates**  
Claudia & David Arp



**702 African American Marriage Enrichment**  
Lorraine Blackman



**801 Close Calls: Avoiding Adultery**  
Dave Carder



**818 Marriage Rally Transforming Communities Grassroots Style**  
Julie Baumgardner, Nisa Muhammad, Jim Sheridan



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## About the Conference

**For Marriage & Family Therapists, Counselors, Clergy, Family Life Educators, Lay Leaders, Social Workers, Psychologists, Policy Makers, Teachers, Judges, Attorneys, Family Advocates and the Public**

# Marriage, Family & Couples Education offers new hope.

**Instead of traditional therapy for** struggling marriages and families – help that is too often too little *and* too late – this approach builds and sustains happy, healthy marriages and families through educational programs. Based on research that has identified what makes marriage work, these programs teach couples what they need to know to achieve success.

**This is the only conference** where you can train and certify to teach the programs and learn how to tap into community initiatives and funding. In pre and post conference institutes (pgs 3 & 4), you'll be trained by the masters – the program founders. You'll leave equipped to begin teaching courses or to use the techniques in your practice, community or congregation. Or, in the "TOOB/FOOB" formats, get teaching tips from the creators of the "teach right out of the box" programs. (See pg 20).

**In workshops & keynotes**, you'll learn how to prepare newlyweds, train and recruit mentor couples, and help even the most seriously troubled couples – those facing the challenges of divorce, family breakdown, parenting, remarriage, step-parenting, poverty, infidelity, domestic violence, sexual dysfunction, illness, aging, and substance abuse. Look for tracks that focus on your interests at [smartmarriages.tracks.html](http://smartmarriages.tracks.html)

**The conference provides many opportunities** to meet like-minded colleagues from across the country and around the world and to share ideas about funding, marketing, and coalition building. You'll learn from those that have successfully implemented programs in churches, schools, welfare agencies, prisons, health settings, childbirth clinics, extension offices, fatherhood programs, military bases, and in the workplace.

**You don't have to be** a mental health professional to participate. Although the conference is designed to train professionals, research shows that lay leaders, educators and clergy can teach the courses just as well as – or better than – mental health providers. The courses are very effective when taught by couples – take the training together!

**Even if you aren't interested** in learning to teach the courses, attend to learn the latest skills to strengthen your own marriage or relationship. The public is encouraged to attend the full conference including the training institutes, the special Saturday afternoon seminars, and to browse the 100+ exhibits. The skills can strengthen relationships at any stage – from dating to the empty nest. And, this isn't just for the married – singles make up a large part of the audience.

**These are exciting and challenging** times for families and those who serve them. We expect more than 2,500 conference attendees. Join in and contribute your ideas, build on what you know, retool, and learn from the experts. You'll return home energized and prepared to make a difference.

## CONFERENCE CO-HOSTS

Alpha International  
Assoc of Couples in Marriage Enrichment (ACME)  
California Healthy Marriages Coalition  
Dibble Institute  
Family Studies Center, Brigham Young University  
Family Wellness Associates  
FAMLI  
First Things First  
FOCCUS, Inc  
Interpersonal Communication Programs, Inc  
International Assoc for Marriage & Family Counseling (IAMFC)  
IMAGO Relationships International  
Life Innovations, Inc  
Marriage Savers, Inc  
National Assoc of Catholic Family Life Ministers (NACFLM)  
National Council of Family Relations (NCFR)  
National Extension Relationship & Marriage Educ Network  
National Institute of Relationship Enhancement (NIRE)  
National Marriage Project  
National Stepfamily Resource Center (NSRC)  
PAIRS Foundation  
PREP, Inc

## CONFERENCE ADVISORY GROUP

Fancesca Adler-Baeder	Mike & Harriet McManus
Julie Baumgardner	Sherod & Phyllis Miller
Steve & Kathy Beirne	Nisa Muhammad
Jon Carlson	David Olson
John Crouch	Mary Ortwein
Carolyn Curtis	David Popenoe
Bill Doherty	Kay Reed
George Doub	Jim Sheridan
Scott Haltzman	Rozario Slack
Harville Hendrix	Scott Stanley
Patty Howell	Jana Staton
Aaron Larson	Dennis Stoica
Pat Love	Steven Stosny
Howard Markman	Peggy Vaughan

## THE COALITION

The Coalition for Marriage, Family and Couples Education (CMFCE) serves as an information exchange to help couples locate marriage and relationship courses; to help professionals, clergy and lay educators locate training programs and resources; to connect those with an interest in the continuing development of the field; to support community marriage initiatives, legislation and research; and to promote the effectiveness of marriage-strengthening courses and increase their availability in the community.

CMFCE is non-denominational, non-partisan, and non-sectarian and is supported solely by the proceeds of the annual conference. Presenters volunteer their time to the cause.



### The Coalition for Marriage, Family and Couples Education, L.L.C.

Diane Sollee, MSW  
Founder and Director

5310 Belt Rd, NW, Washington, DC 20015  
(202) 362-3332

CMFCE@smartmarriages.com  
www.smartmarriages.com

These in-depth sessions train and qualify you to present the programs; administer assessment tools; and/or use the materials and techniques in any setting. 7.5 hrs CE per day. Spouse discounts: \$50 per day if taking the same institute. The public is invited to attend. See pg 4 for post-conference institutes. [Visit www.smartmarriages.com/institutes.html](http://www.smartmarriages.com/institutes.html) for information on agenda, materials, certification, suggested reading, and requirements.

**101 Three Days – M/T/W  
PREP**

**Howard Markman, PhD, Scott Stanley, PhD, Susan Blumberg, PhD  
Natalie Jenkins**  
Videos, roleplay, and research shed light on marital failure and success. Qualifies you to present the PREP programs to help couples communicate, manage conflict, and nurture fun, friendship and intimacy. See #912.

**102 Three Days – M/T/W  
Christian PREP**

Attend #101 and spend part of day 2 with Scott Stanley.

**103 Three Days – M/T/W  
Relationship Enhancement (RE), Mastering the  
Mysteries of Love, & Love's Cradle  
Mary Ortwain, MS**

Teach Bernard Guerney's classic RE plus two new simplified programs, Mastering the Mysteries of Love, and Love's Cradle (for couples with an infant). Plus add-on seminars. Ideal for low-income, community or faith based. See #913.

**104 Three Days – M/T/W**

**Family Wellness  
George Doub, MDiv  
Ana Morante, MFT**  
Teach whole families the key skills for healthy family life. Effective in school, military, community, faith-based and clinical settings and with multicultural, minority and alternative families.

**105 Three Days – M/T/W**

**Bringing Baby Home  
Carolyn Pirak, MSW  
Joni Parthemer, MEd**  
Developed by John Gottman, teaches pregnant and new parent couples essential skills for successful transition to parenthood: maintaining intimacy, regulating conflict, and understanding their baby's cues.

**106 Three Days – M/T/W**

**PAIRS I  
Lori Gordon, PhD, Elaine Braff, MPS, Hal Braff, JD**  
Teach four brief PAIRS programs: Jumpstart, Passage to Intimacy, Love Knots, and the Pre-Marital 4-hr workshop. Each includes core skills and exercises that transform relationships and develop emotional connection.

**107 Two Days – T/W**

**Active Relationships  
Kelly Simpson, MA  
Sharon Rabb, PhD**  
Leave certified to teach 5 "best practices" programs: Active Marriage, Military programs, a Youth, and a Singles program. Plus materials to certify in four more. Spanish and Christian editions.

**108 Two Days – T/W**

**Become a Certified Love Educator  
Pat Love, EdD  
Kathleen McFadden, CLE**  
Gain an in-depth understanding of love & relationships that includes the force of family systems, physiology, hormones, roles, & stages of love. Leave equipped to make a difference in couples' lives in any setting.

**109 Two Days – T/W**

**Love without Hurt Boot Camp  
Steven Stosny, PhD**  
Teach the intensive, 3-day camp format to reduce anger, resentment and emotional abuse plus the Love Without Hurt 8-hr add-on to any course with self-regulation skills to make it easier to use marriage skills under stress.

**110 Two Days – T/W  
Collaborative Marriages**

**Sherod & Phyllis Miller, PhDs**  
Teach the revised Couple Communication programs, plus CORE for singles, and the new THRIVE profile to create Collaborative Marriages. Coach practical processes with skill mats. Includes low-income couples.

**111 Two Days – T/W  
IMAGO: CASP, ImagoConnects, and DialogFirst**

**Harville Hendrix, PhD  
Helen LaKelly Hunt, PhD**  
Coach couples using the transformative power of Imago Dialogue and qualify to teach Couplehood as a Spiritual Path, the 3-hr IMAGOConnects, and DialogFirst programs in congregation and communities.

**112 Two Days – T/W  
Basic Training for Couples and Singles**

**Nisa Muhammad  
Rozario Slack, DMin**  
Teach Black couples and singles the benefits of marriage, how to communicate, manage conflict, and increase intimacy. Plus presentation and marketing skills.

**113 Two Days – T/W  
FOCCUS/REFOCCUS**

**Lynda Madison, PhD  
Marie Micheletto, MA  
Bob Thome, MSW**  
User-friendly, self-diagnosing instruments for individual or group marriage preparation & enrichment. Qualify to train others. Applications for family-of-origin, cohabiting, remarriage, interfaith & dual-career couples.

**114 Two Days – T/W – No CE  
Creating Marriage-Savers Congregations & CMPs**

**Mike & Harriet McManus and panel**  
Reduce the divorce rate in your congregation by training mentor couples to put a safety net under every marriage; prepare couples for lifelong marriage; enrich existing marriages; and save troubled ones.

**115 Two Days – T/W – Half Price!  
School & Youth Marriage Education  
Essential Disciplines for Teens - Stephen Judah, PhD**

**CONNECTIONS -  
Char Kamper, MA  
Loving Well -  
Nancy McLaren, MAT**  
We have to start with the kids! Teach the skills & knowledge central to building and maintaining good marriages. Curricula easily adapted to classroom, congregation or youth group settings. **Teens encouraged to attend.** See web for info on discount, free curricula, & rebate.

**116 Two Days – T/W – No CE – Free Admission  
NACFLM: National Association of  
Catholic Family Life Ministers  
Steve & Kathy Beirne, MA and panel of speakers**  
Learn approaches based on four areas of ministry: family as a developing intergenerational system; family diversity; partnerships with social institutions; and Christian vision.

**Singles ONLY Seminar**

**If I'm So Wonderful,  
Why Am I Still Single?  
Susan Page, MDiv  
Wed, July 2  
8:45pm 1.5 hr CE**



Included in conference registration.

If you are single and have a badge, just show up.

Check on-site for additional opening night gatherings. To add a gathering, contact [diane@smartmarriages.com](mailto:diane@smartmarriages.com)

**Two Banquets!!**

**Harville Hendrix & Helen LaKelly Hunt, PhDs**  
IMAGO: Couplehood as a Spiritual Path



Get an early start on networking.  
Tues, July 1, 6:30pm (B-1) 2 hrs CE

**Bill Doherty, PhD**



Raising Children for Good Marriages  
#1 Social Event of the Conference!

Thurs, July 3, 7pm (B-2) 2 hrs CE

**Banquets: \$39pp Register pg 23**

**SATURDAY  
NIGHT  
LIVE!!**



**John Gray, PhD  
Why Mars and  
Venus Collide  
MarsVenus.com**

Sat, July 5, 7:30pm (P-9) 2.5 hr CE

Included in conference registration.  
Arrive early for best seats!

[smartmarriages.com/keynotes.html](http://smartmarriages.com/keynotes.html)

For more info

**59 Hours CE!**

# Post-Conference Training Institutes Sun, July 6: 8:30am – 5:30pm

These in-depth sessions train and qualify you to present the programs; administer assessment tools; and/or use the materials and techniques in any setting. 7.5 hrs CE per day. Spouse discounts: \$50 per day if taking the same institute. The public is invited to attend. See pg 3 for pre-conference institutes. [Visit www.smartmarriages.com/institutes.html](http://www.smartmarriages.com/institutes.html) for information on agenda, materials, certification, suggested reading, and requirements.

## 901 One Day

### The Ultimate Relationship Program Clóe Madanes, Lic HDL

Use this DVD-based program to help even the most troubled couples master the eight essential skills to develop trust, rekindle intimacy, break barriers, align goals, and design a compelling future. For clinical or educational settings.

## 902 One Day

### Smart Steps for Stepfamilies Francesca Adler-Baeder, PhD, CFLE

This 6-week (12 hr) course equips parents and children with the understanding and skills to create success. Children and parents meet in parallel groups. For churches, agencies, and community settings.

## 903 One Day

### Marketing Marriage Education Julie Baumgardner, MS, CFLE Rozario Slack, DMin

Implement media-savvy strategies using both paid and free advertising to increase participation, change attitudes and behaviors and reverse the epidemic of family breakdown in your community.

## 904 One Day

### Hold Me Tight: Strengthening the Bonds of Love Sue Johnson, EdD

Understand the exquisite logic of love – the concept of “effective dependency”; the cycles that sabotage connection; the music of the dance; and how to shape conversations to foster a secure lasting bond between partners.

## 905 One Day

### LoveThinks: Marriage LINKS John Van Epp, PhD

LINKS (Lasting Intimacy through Nurture, Knowledge and Skills) teaches the Relationship Attachment Model (RAM) for maintenance of intimacy, trust, sexuality, forgiveness and mutuality.

## 906 One Day

### Working with Couples and Sexual Addiction Mark Laaser, PhD, MDiv

Crucial tools for working with couples dealing with the pain of sexual addiction. Recognize the symptoms and develop a recovery plan for the addict, spouse and couple.

## 907 One Day

### Marriage-Friendly Marital Therapy Bill Doherty, PhD

Learn the skills, practices and values of a good marital therapist and how to support commitment in a way that respects client autonomy. Plus an introduction to The National Registry of Marriage Friendly Therapists.

## 908 One Day

### PREPARE/ENRICH David Olson, PhD Matthew Turvey, PsyD

Help couples prepare for or enrich their marriage with the 165-question inventories (PREPARE, MC/CC, ENRICH, MATE) and feedback sessions using couple-strengthening exercises. Qualifies you as an instructor in all 5 programs.

## 909 One Day

### Divorce Prevention: Controlled Separation Elsie Radtke, MA Kate van Dyke, MA

Help couples move beyond crisis and stalemate to repair their relationships using a time-limited separation, customized contract, 12 guidelines and the concept of “active waiting”.

## 910 One Day

### Father-Friendly Strategies Erik Vecere, MS National Fatherhood Initiative

Dads are crucial to healthy marriages. This five-point system provides the knowledge, skills, and resources to integrate father-friendly support into any marriage education program.

## 911 One Day

### Couples Sexual Awareness Barry McCarthy, PhD

Sex problems are the major cause of separation and divorce in the first 4 years of marriage. Help couples develop a sexual style, eroticize their marriage, prevent affairs, & address secrets and dysfunction. Premarital/marital ed or enhancement.

## 912 One Day

### PREP In The Workplace Tim Gardner, PhD, Jack Myrick

Teach the proven methods of the PREP program with this new curriculum created to address the unique challenges of teaching relationship skills in the workplace. See #101.

## 913 One Day

### RE and MML for Therapists Mary Ortwein, MS Rob Scuka, PhD Dennis Stoica, MBA

Licensed professionals trained in Relationship Enhancement or Mastering the Mysteries of Love will learn to apply the skills in clinical settings and qualify for listing on the California and RE therapist referral websites. See #103.

## 914 One Day

### LoveU2: Relationship Smarts PLUS Marline Pearson, MA


Activities, stories, and PREP skills help teens build healthy relationships. Teach the connections between marriage, fathers, and child wellbeing and why to avoid unwed childbearing. Plus activities to partner with parents.



- Research-based
- Teach Out Of the Box
- Top rated workshop
- Draws full classes

Barbara D. Petty, Ph. D.  
Rev. Terry W. Petty

[www.marriedandlovingit.org](http://www.marriedandlovingit.org)



Resources for Marriage Preparation and Marriage Enrichment

- Comprehensive Couples' Inventory
- Facilitative
- Online or Paper Administration
- User-Friendly
- Multiple Languages



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ATTRACTING & BUILDING LOVING RELATIONSHIPS

**Teach Out of the Box Program for Singles**

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**THRIVE**

See the *shape* of any marriage on one page!

[www.THRIVESphere.com](http://www.THRIVESphere.com)



**201**  
**His Needs, Her Needs and Love Busters**  
*Willard Harley, PhD*

These two home-study courses make up the Marriage Builders Recovery Program and teach couples how to make Love Bank deposits, how to avoid making withdrawals. If followed, this program is guaranteed to solve any marital problem.



**202**  
**Soul Healers Leaders Training – TOOB\***  
*Beverly and Tom Rodgers, PhDs*

Practical, easy-to-learn tools for professionals or lay mentors to help couples face even the most difficult, on-the-brink problems: adultery, addiction, abuse or other deep wounds.

**203**  
**THRIVE**

*Sherod Miller, PhD, Daniel Lord, PhD, MDiv*  
 This new cost-effective, web-based assessment tool provides a quick, comprehensive picture to increase self/partner-relationship awareness and conversation. Use pre, post, and follow-up for highly affordable evaluation.

**204**  
**The Power of Two – TOOB**  
*Susan Heitler, PhD*

Most couples have issues they disagree on again and again. Some suggest just accepting the differences. This approach aims higher and helps couples bring ALL their conflicts to win-win.

**205**  
**Relationship Enhancement (RE)**  
*Rob Scuka, PhD*

Teach couples how to access deep empathy to build connection, intimacy, openness, trust, and love while creating mutually-satisfying solutions to their most challenging issues.

**206**  
**Journey to Love for “Singles Again” – TOOB**  
*MP Wylie, PhD*

Whether divorced, widowed, or ending a long relationship, success rests on making wise choices throughout the dating process. Learn the critical steps for defining – and finding – what you’re really looking for.

**207**  
**Ecstasy Without Guilt**  
*Joe Beam*

Understand the inherent causes of “low” and “no” sex marriages and an approach to help more “conservative” couples find excitement and fulfillment.

**208**  
**Torn Asunder: Mending Infidelity – TOOB**  
*Dave Carder, MA*

This model provides a structure to stabilize marriages in the crucial first 90 days; skills to differentiate types of infidelity and to start forgiveness and trust building; plus homework.

**209**  
**Active Parenting in Stepfamilies – TOOB**  
*Michael Popkin, PhD, Elizabeth Einstein, MA*

Teach the 5 keys to effective stepparenting, how to handle the predictable challenges that include loss, loyalty, & discipline, and how these proven skills will strengthen the marital bond.

**210**  
**Active Military Life & Resiliency – TOOB**  
*Kelly Simpson, MA, Janie Illing, MA*

Created in collaboration with military communities, this skills-based program addresses the challenges of reintegration for singles and couples and provides resilience-building tools.

**211**  
**PREPARE to Last – TOOB**

*David Olson, PhD, Peter Larson, PhD*  
 Learn how to help premarital and newlywed couples laugh, learn & grow! Easy-to-use, entertaining, DVD-based program includes an online Couple Checkup.

**212**  
**Leaving a Legacy**  
*Terry Real, MSW*

Help parents understand the emotional and relationship legacies handed to them as children and what they can do to become conscious in shaping the legacy they are passing on.

**213**  
**The Marriage Course – TOOB**  
*Nicky & Sila Lee*

This practical, DVD-based dinner format is easy for lay couples to teach, transforms & strengthens any relationship (married or cohabiting), and draws couples in “like magic”. Based on the famed Alpha course.

**214**  
**Married and Loving It – TOOB**  
*Barbara Petty, PhD*

This 5-week, skill-based program always has full classes and waiting lists. Learn what makes the program so successful and how to replicate it in your community.

**215**  
**Love’s Cradle**  
*Mary Ortwein, MS*

Learn how shared love for a newborn plus simplified Relationship Enhancement skills can build trust and commitment and nurture permanent bonds in low-income, out-of-wedlock couples.

**216**  
**Take Back the Family Turf**  
*George Doub, MDiv, Captain Richard Vasquez, Christina Yee, Dan Rodriguez*

Learn how to use the Family Wellness skills program to help communities and families take back the turf from gangs, build skills, put parents back in charge, and support healthy family living.

**217**  
**Strengthening Marriage in the Black Community**

*Diann Dawson, JD, MSW, Nisa Muhammad, La Grande Mason, PhD, Charles Lee-Johnson, MSW*  
 Black Marriage Day, community leadership, getting denominations and organizations on board, fatherhood, kids, special curricula – brainstorm ideas for revitalizing Black marriages.

**218**  
**Sliding vs Deciding: Within My Reach**  
*Scott Stanley, PhD, Marline Pearson, MA, Natalie Jenkins*

Relationship education can be tailored to teach individuals, not couples, how to improve their odds of having healthy relationships and marriage. For TANF, military, tech college, and correctional settings.

**219**  
**PAIRS: For Our Future/For Our Family**  
*Andrew Daire, PhD, Matthew Munyon, MS, Seth Eisenberg*

Three key tools (Relationship Road Map, Daily Temperature Reading, Good Will Umbrella) in this 12-session course teach low income couples skills to communicate, problem solve, and build trust and commitment.

**220**  
**Changing the World Through Marriage Ministries**  
*Dennis Stoica, MBA*

Learn how and why Marriage Ministries are the most effective action churches can take to make a positive impact on the world. Don’t just preach love, teach it! Includes a roadmap to success.



**Help change the world!  
 And, get paid to do it!**

**HOW:**

- ♥ Teach teens the skills needed for healthy relationships!
- ♥ **Attend Smart Marriages Pre-Conference Institute #115**
- ♥ Apply to participate in the First Comes Love program
- ♥ Teach 40 teens relationship skills by May 30, 2009

**YOU’LL RECEIVE:**

- ♥ Full tuition rebate for the Institute (\$130)
- ♥ One curricula of your choice plus 40 sets of student materials (\$450++)
- ♥ Benchmark Payment (\$70)
- ♥ A warm fuzzy glow at the good you’ve done in your community

**ACT NOW! Space is limited.**

**Apply at:  
[www.DibbleInstitute.org](http://www.DibbleInstitute.org)  
 800-695-7975**

**The Dibble Institute**  
[www.BuildingRelationshipSkills.org](http://www.BuildingRelationshipSkills.org)



**Non-profit. Research-Based.  
 Mission Driven. Since 1996.**

**Key:**

**\*TOOB – Teach Out of the Box Program. FOOB – Free Online Out of Box Program. See pg 20**

**Tracks: Check out the lists of “tracks” that focus on your interests at [www.smartmarriages.html](http://www.smartmarriages.html)**



**301**  
**Mating in Captivity:  
 Unlocking Erotic Intelligence**

**Esther Perel, MA**  
 Explore the paradoxical relation of domesticity and sexual desire – when security needs clash with our pursuit of passion. Help couples sustain desire over the long haul while respecting needs for safety and stability.



**302**  
**The New Rules of Marriage**

**Terry Real, MSW**  
 Teach a new art form of relationship empowerment – akin to ju-jitsu – in which couples build on each other's momentum and get what they need by empowering their partner to give it to them.

**303**  
**The 7 Stages of Marriage – TOOB**

**Rita DeMaria, PhD**  
 Give couples a roadmap to help them understand the journey, anticipate the stages, and succeed at the mission with commitment and passion intact. Use with any marriage education program.

**304**  
**The Five Languages of Apology**

**Gary Chapman, PhD**  
 Where do we learn whether or not, and how, to apologize? Learn to help couples identify their own and their spouse's apology styles and how to speak their language.

**305**  
**Imago Dialogue**

**Harville Hendrix, PhD, Tim Atkinson, MA**  
 Structured dialogue is the very core of the powerful Imago model. Help couples understand how to 'stop talking, and start connecting' with each other and with colleagues, friends, and family. Experiential.

**306**  
**Premarital Inventories: A User's Guide**

**Lynda Madison, PhD, Peter Larson, PhD, Jeff Larson, PhD**  
 Three of the best – FOCUS, PREPARE and RELATE – are described, with guidelines for use in premarital education and marriage enrichment.

**307**  
**The Second Half – TOOB**

**Claudia and David Arp, MSW**  
 Teach empty nesters to reinvent their marriage, avoid divorce, and make the rest the best. Great for mentor couples to teach in church or community. Bonus "Dates for Empty Nesters" material.

**308**  
**Love Without Hurt**

**Steven Stosny, PhD**  
 Learn how to use this approach in marriage education settings to help overcome entrenched resentment, anger, verbal and emotional abuse BEFORE you try to teach communication skills.

**309**  
**Smart Steps for Stepfamilies – TOOB**

**Francesca Adler-Baeder, PhD, CFLE**  
 Learn key strategies to supplement any marriage education program or create a stand-alone class for stepcouples and children. Information for work with ethnic minorities.

**310**  
**Warm Things Up!**

**Katherine Robredo, MSW, Maureen Griner, MA**  
 You've taken the classes, now learn to be a great presenter with 20 icebreaker activities to enliven any class and enhance group learning. Plus tips on adult learning styles and dealing with difficult people.

**311**  
**Money Habitudes: The Last Taboo – TOOB**

**Syble Solomon, MEd**  
 Use a unique card deck to give couples life-changing insights into their hidden attitudes about money. Teach groups, use with individual couples, or add to any marriage program.

**312**  
**1-2-3 Magic**

**Tom Phelan, PhD**  
 Teach parents easy-to-follow steps for disciplining kids ages 2-12 without arguing, yelling or spanking and when – and how – silence can speak louder than words.

**313**  
**Reptiles in Love**

**Don Ferguson, PhD**  
 Normal mind/body defenses protect us in danger, but can damage intimate communication. Learn specific steps to self-soothe, and, then, to improve your relationship.

**314**  
**Sex and Romance  
 in the Biblical Marriage – TOOB**

**Hon Jim Sheridan, JD, MBA**  
 Scripture describes marriage as a relationship between equals filled with passion and love. Learn how to put this into practice with disagreements, sex, and the realities of lifelong marriage.

**315**  
**Rewiring Premarital Preparation**

**Jason Krafsky**  
 Less than a third of engaged couples use our services. Update to fit the needs of, and appeal to, 21<sup>st</sup> century "wired" couples. Plus how to tap into Youtube, Myspace and Facebook.

**316**  
**Basic Training:  
 Men, Women and Marriage – TOOB**

**Rozario Slack, DMin, Nisa Muhammad**  
 Two straight-talking curricula developed in the crucible of the Black experience. Teach Black men and women the principles and skills to create and sustain successful marriages.

**317**  
**Marriage in the Wilderness**

**Fred Dodini, PhD, MSW, Ezekiel Sanchez**  
 Learn how to conduct an outdoors program to provide couples and/or families with unforgettable memories, insights, and practical tools to develop & sustain loving, committed relationships.

**318**  
**Where Are the Men?**

**Neil Chethik**  
 Learn practical marketing steps to encourage men to attend classes by creating a male-friendly atmosphere that will keep them engaged and working on their marriage.

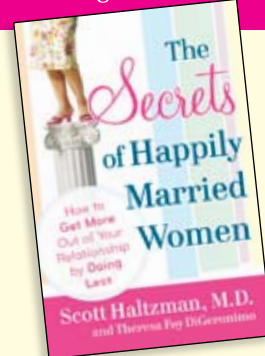
**319**  
**Working with State Legislators**

**Carolyn Curtis, PhD, Chris Gersten, Maggie Russell, Scott Haltzman, MD, and a panel of legislators**  
 Learn to open doors, build relationships, and provide compelling info on the benefits and feasibility of supporting marriage. Plus what other states have accomplished including "1% Solution" TANF set asides.

**320**  
**HHS: Lessons from the Field**

**Sharon Rowser, MA, Robin Dion, MA, Jay Otero**  
 The Supporting Healthy Marriages (SHM), Building Strong Families (BSF), and Oklahoma Family Expectations projects share lessons about adapting programs and engaging diverse, low-income, unmarried and married couples in marriage education.

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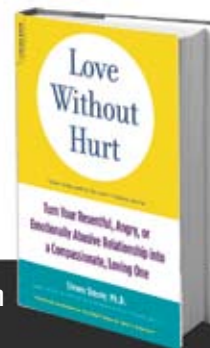
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401

**At the Movies**

*Frank Pittman, MD*

Everything we need to know about marriage can be found at the movies: explore meaning, expectations, love, insanity, brain chemistry, secrets, lies, deal breakers – even clues about how to get it right. Bring popcorn.



402

**Falling in Love: As Easy as P. I. E.**

*Joe Beam*

Learn how this visual model and a dynamic group process help married couples understand how to fall in love all over again whether in crisis or simply in search of deeper satisfaction.

403

**Divorce Busting Programs – TOOB**

*Michele Weiner-Davis, MSW*

Marriage Breakthrough & Keeping Love Alive: two programs to help even last-ditch couples avoid divorce, even if only one spouse attends! Teach classes or use the techniques in your practice.

404

**Marriage Vitality**

*Ellyn Bader, PhD*

Spouses crave intimacy; yet fear intensity. They crave love; yet don't know how to be giving. Teach key attachment and differentiation principles to help couples achieve loving teamwork.

405

**Marriage Builders Accountability Program**

*Willard Harley, PhD*

It's one thing to teach marriage skills, another to motivate couples to follow through. This interactive, internet-based program holds both couples and instructors accountable and builds success.

406

**The Essential Humility of Marriage**

*Terry Hargrave, PhD*

Stability, security, and sincerity are the "right stuff" to help couples move past "me & my happiness" to the respect, humility, reliability, and sacrifice that produce solid marriages and secure kids.

407

**Internet Sex Addiction – TOOB**

*Mark Laaser, PhD, MDiv*

Porn, the #1 seller on the internet, has become extremely damaging to marriage. Learn to recognize the symptoms and to prevent and help overcome addiction to internet sex.

408

**Love: What Everyone Needs To Know**

*Pat Love, EdD, Jon Carlson, PsyD, Kathleen McFadden, CLE*

This engaging 23-part, DVD & research based series provides everything you need to teach marriage from A to Z. Multi-cultural. Experience segment #1: Why Marriage is Worth it.

409

**The Stepfamily Journey: Not for Wimps**

*Elizabeth Einstein, MA*

Learn to provide couples with a trail map to master stepfamily developmental tasks. Understand emotional baggage, bonding, loyalty, and discipline.

410

**Sherod's Squares**

*Sherod Miller, PhD*

Get to the heart of a relationship in two minutes with this powerful, engaging non-verbal technique. Use in classes or clinical settings for uncannily accurate assessment and intervention!

411

**Children in the Middle – TOOB**

*Don Gordon, PhD*

Use this award-winning online divorce education program to maximize community divorce prevention efforts. Plus how to recruit parents in failing marriages and form partnerships with pastors, schools, physicians.

412

**Genograms – TOOB**

*Rita DeMaria, PhD*

Easy-to-use tools explore family patterns (cut-offs, legacies, addictions, etc.) that influence relationships plus 5 exercises to strengthen love and commitment.

413

**For Better and For Ever: Mentor Training – TOOB**

*Rev Robert Ruhnke, DMin*

Recruit and train couples in your church to mentor the engaged in communication, responsibility, and family-of-origin issues. Catholic (also Spanish), Protestant, and secular editions.

414

**Marriage Savers for Cohabiting Couples**

*Mike and Harriet McManus*

Half of couples live together before marriage. This faith-based marriage preparation model uses mentors & an inventory to improve these couples' odds. Adaptations for low-income, out-of-wedlock parents.

415

**The 10 Rites of Passage**

*Charles Lee-Johnson, MSW*

This abstinence, fatherhood and marriage education program teaches at-risk youth responsibility to self, family and community with a focus on long-term life goals.

416

**Between Two Worlds**

*Elizabeth Marquardt, MDiv*

Even in the best divorces, kids live divided lives in which they struggle to understand their parents' behavior, negotiate tangled family systems, and develop values and beliefs.

417

**In Sickness and In Health**

*Lorraine Wright, RN, PhD, Janice Bell, RN, PhD*

Couples often experience emotional suffering when confronted with serious illness. Learn 5 healing practices to help couples understand & manage constraining beliefs & improve their odds.

418

**Accidental Prophets**

*Waverly Farrell, MFT, Vicki Doolittle, MS*

Learn how gay and lesbian couples, freed of the roles and rules of conventional partnerships, have become the pioneers of a more egalitarian model of relationship. Lessons for any setting.

419

**Cultura y Valores: Marketing to Hispanics**

*Frank Fuentes, Lisa Trevino Cummins, MBA, Rolando Diaz-Loving, PhD, JoAnne Eason*

Understand Hispanic cultural values and develop effective marketing messages to attract Hispanics, our largest minority group, to marriage education services. National examples.

420

**Marriage: Corporate America's Business?**

*Jeff Fray, PhD, Julie Baumgardner, MA, Stephen Judah, PhD, Matthew Turvey, PsyD*

Research makes the case: employees with healthy marriages are more productive. Learn what HR executives say they need and how marriage educators can deliver. Corporate examples.

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**501**  
**Improve Your Marriage Without Talking About It!**  
*Pat Love, EdD, Steven Stosny, PhD*

Learn an approach that combines brain research and a set of brief behaviors guaranteed to strengthen marriage. Best of all, men can do it without feeling they have to behave like women.



**502**  
**Couples: The Strongest Link**  
*George Doub, MDiv, Ana Morante, MFT*

The best tools from decades of Family Wellness work with at-risk families, applied to helping couples feed their romance, be playful, and get the most out of marriage & family life.

**503**  
**The Marriage Preparation Course – TOOB**  
*Nicky & Sila Lee*

Learn to teach the course and also to recruit & train mentor couples so that the program basically runs itself. Practical, 5-session, DVD-dinner format, inventory, and mentor-couple based.

**504**  
**Who Am I and Who Are You?**  
*Scott Stanley, PhD*

Learn how to use personality testing like The Primary Couples Personality Tool to build understanding and acceptance in marriage. Covers myths, research, and strategies for teaching acceptance.

**505**  
**Marriage Builders: Applications**  
*Willard Harley, PhD*

Learn how the Marriage Builders Home Study and Accountability programs have been adapted for use in other countries and with black and Latino couples.

**506**  
**10 Great Dates for Black Couples – TOOB**  
*Rozario Slack, DMin, Angela Slack, MD*

This program combines fun dates and marriage skills – and appeals to men! Based on the proven insights of the Arp's 10 Great Dates program. Teach in your church or community.

**507**  
**Married Sex for Men**  
*Michael Metz, PhD, Barry McCarthy, PhD*

Ten things men need to know to deal with the common problems – low desire, porn addiction, erectile dysfunction, premature ejaculation, etc. – to build a healthy, pleasurable sex life.

**508**  
**Infidelity Recovery Strategies**  
*Rick Reynolds, MSW, MPA*

Learn to identify the motivations of both hurt and unfaithful spouses and help them develop empathy, stop intrusive thoughts and endless questions, and reach forgiveness and healing.

**509**  
**WAIT Training: All About ME – TOOB**  
*Shelly Donahue*

Teach teens to have the best sex by waiting and preparing for marriage. A love, character, relationship, marriage prep curriculum for high schools. 43 states and abroad, non-sectarian.

**510**  
**The Power of Play**  
*Elaine Braff, MPS, Hal Braff, JD*

Play is the secret ingredient to marital satisfaction. Learn exercises and tools to add to any marriage program to help couples make play an everyday part of their marriage.

**511**  
**Active Parenting Makes Strong Marriages – TOOB**  
*Michael Popkin, PhD, Merrillie Rackham, CFLE*  
 Parenting stresses marriage. Learn how to add effective, easy-to-teach parenting education to your marriage classes to bring couples in the door.

**512**  
**Retrouvaille: No Such Thing as A Hopeless Case**  
*Shawn and Kim Doyle*  
 Restore even the most troubled marriages with this 3-month program in which those who have "been to the brink" teach others how to heal. Learn how to create a program in your community.

**513**  
**Marriage Mentoring: 12 Conversations – TOOB**  
*Ed Gray, EdD*  
 Mentoring is easy! Learn the 4 basic approaches. Teach the narrative, story-telling model and organize a mentoring program for your church, community, military, or Spanish mentors.

**514**  
**Boot Camp for New Dads**  
*Bob Ruthazer, CFLE, Cesar Vera, Lamar Henderson*  
 This acclaimed father-to-father program builds confidence in expectant dads as it connects them, not only to their infants, but to the moms. Also builds connections with the medical community.

**515**  
**Money Education Program – FOOB**  
*Bill Bailey, PhD, Rebecca Wiggins*  
 Learn how to help couples improve their financial well being by learning about money. This grant-funded program provides FREE web-based training and resources for use in your community.

**516**  
**Divorce Reform Legislation Strategies**  
*David Levy, JD, Mike McManus, David Prince, JD*  
 Three concepts: reintroduction of mutual consent or fault divorce; presumption of joint custody; and TANF set-asides for marriage & divorce education, could slash family breakdown by 50%.

**517**  
**Healthcare Connection Strategies**  
*Jennifer Baker, PsyD, Duane Nelson, MS, Carolyn Curtis, PhD, Don Ferguson, PhD, Jana Staton, PhD*  
 Learn how to provide marriage & relationship education in health care settings – Relationship First Aid Kits, ob-gyn connections, PPT for busy docs, and training health care providers for brief interventions.

**518**  
**Recruitment: Lots of Pot and Food!**  
*Kelly Roberts, MS, Brandt Gardner, PhD*  
 You've built it, they aren't coming. Hear what people said on a national survey when asked about the decision to attend marriage education classes. Learn how to maximize attendance – legally!

**519**  
**Research and Evaluation: The Basics**  
*Rita DeMaria, PhD, Scott Gardner, PhD, Patty Howell, EdM*  
 Anyone doing marriage education should be tracking results and measuring outcome. Learn the basic tools and concepts you need to get started.

**520**  
**Caring for My Family – FOOB**  
*Dawn Contreras, PhD, Holly Lacina*  
 This FREE skill-based program helps low-resource, unmarried expectant and new parents set goals and assess what's best for them and their child regarding marriage or ongoing father involvement.

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**601**  
**Boomers on the Edge**  
*Terry Hargrave, PhD*  
 Boomers have always been out front, leading the revolution. They now face three enormous challenges. Explore how boomers can use these issues to strengthen rather than destroy their marriages.



**602**  
**Secrets of Happily Married Women**  
*Scott Haltzman, MD*  
 Help wives become energized and find contentment in the face of the challenges of balancing feminist ideals, traditional roles, work, self, kids, and well-intentioned advice about having it all.

**603**  
**LoveU2 – TOOB**  
*Marline Pearson, MA*  
 Use stories, activities, and PREP skills to teach teens the crucial connections between marriage, fatherhood, and child well-being. Good reasons to postpone childbearing. Outcome studies.

**604**  
**Marriage-Friendly Therapy**  
*Bill Doherty, PhD*  
 Marital therapy is a challenge. Learn about the essential skills and values of a good marital therapist and about an exciting new resource for locating these therapists in your community.

**605**  
**TIME for a Better Marriage – TOOB**  
*Don Dinkmeyer, PhD, Jon Carlson, PsyD, EdD*  
 This affordable, easy-to-teach, 10-week or weekend format teaches the core marriage skills with humor and daily dialogue guides built in. Use in clinical work or couples seminars.

**606**  
**Lasting Love**  
*Chris Gersten, Ruth Lambert, PhD*  
 8-hr, 4-part course, created by an architect of the Federal Marriage Initiative, suited to low-income couples, teaches 10 relationship rules & 4 skill sets: communication, anger management, fidelity, & financial literacy.

**607**  
**Hot Monogamy – TOOB**  
*Pat Love, EdD, Kathleen McFadden, CLE*  
 The death of passion often heralds the end of a marriage. Proven techniques help couples restore this vital energy. Pragmatic strategies presented with humor and clinical savvy.

**608**  
**Beyond Affairs: Prevention and Recovery**  
*Anne and Brian Bercht*  
 Learn how to not only recover from infidelity, but to make your marriage even stronger, from a couple that's been there. Also, how to establish a BAN recovery support group in your community.

**609**  
**Stepcouples: Me or the Kids?? – TOOB**  
*Carri Taylor, Gordon Taylor, MFT*  
 After the fantasy of courtship, reality sets in – delivered by the kids, ex-spouses, money, and 'no time for us'. Teach couples to master the challenges and reclaim the territory.

**610**  
**The Icy Pole Stick Dance**  
*Peter Little*  
 Learn to use 15 fun tools from "down under" – eggs, icy pole sticks, balloons, photos, balls, the camping game – to make quick progress on communication, connecting & problem solving. For couples & families.

**611**  
**Teaching Marriage to Undergrads**  
*Arthur Nielsen, MD, Dennis Lowe, PhD, Emily Scott-Lowe, PhD, Frank Fincham, PhD*  
 Learn to make marriage courses interesting and meaningful in the lives and future marriages of students as well as offer innovative campus-wide endeavors including involving students as educators.

**612**  
**Why Singles Aren't Marrying**  
*Beverly Rodgers, PhD, Tom Rodgers, PhD*  
 Bust the myths that keep scared-silly singles stuck in unhealthy relationship patterns by equipping them with skills and information that will help them move confidently towards marriage.

**613**  
**Foundations for Marriage – TOOB**  
*Tim Gardner, MA, DMin*  
 This comprehensive, affordable, faith-based, lively, DVD program has everything you need to prepare couples for satisfying life-long marriage including the new BUILD couple assessment.

**614**  
**Community Marriage Policies (CMPs)**  
*Mike and Harriet McManus*  
 Learn how to organize a CMP in your area by creating Marriage Savers Congregations that train Mentor Couples to drastically reduce divorce and cohabitation rates, and increase marriage rates.

**615**  
**The Challenge of Getting it Right**  
*Barry McCarthy, PhD*  
 Whether it's the first or a subsequent marriage, it takes more than luck, love or finding your soulmate to get it right. Help newlyweds master the crucial tasks of the first years of marriage – or, remarriage.

**616**  
**Hot Latin Lovers: Latino Marriage**  
*Joe Hernandez, PhD, Ana Morante, MFT, George Doub, MDiv*  
 Latinos are passionate. The men don't communicate. Some want a "casa chica". We'll tackle the stereotypes and how to effectively present marriage education in the Latino community.

**617**  
**Understanding the Heart of a Man**  
*Clarence Shuler, MDiv, Rozario Slack, DMin*  
 Understand the new challenges facing millennium men, their 4 non-negotiable needs, and strategies to create a Safe Place and help them grow into responsible behaviors and solid relationships.

**618**  
**Domestic Violence: Keep It Safe**  
*Kay Bradford, PhD, Jason Whiting, PhD, Erik Carlton, MS*  
 Learn to develop an effective DV protocol for any marriage education setting. Includes screening, safety planning, gender/culture sensitivity, and development of referral sources. Sample protocol provided.

**619**  
**Skills 101**  
*Ron Deal, MMFT*  
 It's not just what you teach, but how you teach it that creates change. Learn a whole new tool bag full of fun, engaging techniques to improve your effectiveness as a marriage & family educator.

**620**  
**Grant Writing 101**  
*Dennis Stoica, MBA*  
 Understand the fine points of grant writing in order to qualify for government and private foundation marriage money.

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**701**  
**10 Great Dates – TOOB**  
*Claudia and David Arp, MSW*  
 Teach this proven, widely-used program in your church and community. Combines fun with marriage skills and opens the door for other programs. New Latino version!



**702**  
**African American Marriage Enrichment – TOOB**  
*Lorraine Blackman, PhD*  
 Learn tips for teaching this program that addresses the specific issues facing African American couples. Perfect for church, school, community, and private practice settings.

**703**  
**The Couple Checkup**  
*David Olson, PhD, Ron Deal, MMFT, Peter Larson, PhD*  
 Using research from 100,000+ couples, understand the unique differences between first and subsequent marriages and how to use the online Couple Checkup to empower premarital, married, and remarried couples.

**704**  
**Learning Sobriety Together – FOOB**  
*William Fals-Stewart, PhD, Gary Birchler, PhD*  
 This program works with couples together – the drug/alcohol abuser and spouse – to improve communication skills, build cohesion, and both promote and maintain sobriety.

**705**  
**Taming the Tempest: Emotional Regulation**  
*Rob Scuka, PhD*  
 Teach couples to contract in advance about how they will manage spontaneously erupting, out-of-control conflict, and emotional flooding using RE skills of empathy, disengagement and self-calming.

**706**  
**21st Century Marriage**  
*Sam Bradley, PhD*  
 A powerful color metaphor helps couples understand commitment as the key to individuation and put into action the crucial axioms of successful marriages: choice, responsibility, equality, and fulfillment.

**707**  
**The Marriage Garden – FOOB**  
*Wallace Goddard, PhD, James Marshall, PhD*  
 Easy to teach, innovative, flexible, FREE (!) and based on new discoveries in positive psychology and Appreciative Inquiry. Includes commitment, nurture, and communication activities.

**708**  
**From Couple to Couple Mentor Training**  
*Krsnanandini Dasi, Tariq Ziyad*  
 Learn an affordable, nuts and bolts course that gives mentor couples all the tools, training, and support they need to work with couples of any class or culture before and after marriage.

**709**  
**Teenage Stepkids**  
*Elizabeth Einstein, MA*  
 Stepfamily adjustment is hardest for teens – and, their parents! Learn to work with their developmental double binds around autonomy and bonding – all liberally sprinkled with hormones.

**710**  
**When Parents Hurt**  
*Joshua Coleman, PhD*  
 It's hard to be happy, or happily married, when you feel unloved/unappreciated by your adult children. Help parents learn how to improve communication, manage conflict, and rebuild family intimacy.

**711**  
**Don't Expect Me to Love Her**  
*Jean Turner, PhD, Carolyn Young, MDiv, Bill Bailey, PhD*  
 Mother-in-law/daughter-in-law harmony is critical to a happy marriage. Learn strategies for healing this volatile relationship and how (and why) to add MIL/DIL workshops to your community initiatives.

**712**  
**The Third Option – TOOB**  
*Pat Ennis, MSW and a mentor couple*  
 Give couples a THIRD option – not endurance, not divorce. This enrichment/crisis group program is ongoing! Couples attend as needed. Self-contained manual – easy to implement!

**713**  
**Life Puzzle: A Coaching Model – TOOB**  
*Ann Kramer, EdS, Bridget Brennan, MA, CFLE*  
 Help couples tackle seemingly insurmountable, chronic problems by defining their Self - their own shape and edges, and then put the pieces together for a true and lasting intimacy.

**714**  
**Prayer and Marriage Education**  
*Steven Beach, PhD, Frank Fincham, PhD, Tera Hurt, PhD*

Learn how this project added prayer to engage rural African Americans; how prayer enhanced learning; and how to add prayer to any existing marriage program.

**715**  
**Relationship Skills: Doing Time**  
*Judge Jim Sheridan, JD, MBA, John Van Epp, PhD, Kelly Sigler*  
 Ex-offenders with successful intimate relationships are less likely to re-offend. Learn about teaching PREP and Pick-A-Partner skills to inmates and how to sell this idea to local officials.

**716**  
**Presenting As a Couple**  
*Dennis Lowe, PhD, Emily Scott-Lowe, PhD*  
 Presenting marriage education as a couple requires a special set of skills. Learn the strategies, benefits, challenges and "rules" of joint presentations.

**717**  
**The Business of Love**  
*John Curtis, PhD*  
 Apply 9 proven business "best practices" to create 21<sup>st</sup> century marriages built to last. Visioning, logos, job descriptions & performance appraisals, mergers, etc. Great appeal to men & dual career couples.

**718**  
**Hit Your Targets**  
*Jennifer Baker, PsyD, Derek Gwinn, MA*  
 Learn to adapt marriage/relationship programs to reach a range of populations: good ole boys, newlyweds, stepfamilies, couples owning a business, planning a wedding, having a baby, etc.

**719**  
**Texas: How'd They Do It!?!?**  
*Daphne Lambert, PhD, Jeff Johnson, Maggie Russell, Erin Kincaid*  
 In 2007, a grassroots coalition passed major legislation that provides \$15 million in state marriage education funding. Lessons learned, challenges, and guidelines for your state.

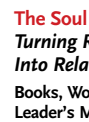
**720**  
**Private Fundraising 101: Beyond the Feds**  
*Kay Reed*  
 Learn the basics for successful fundraising with individuals and foundations: who, when, and how to ask. Develop a strategic plan, choose your targets, hone your message, create perpetuity.

**Resources for Building Healthy Relationships**  
**For Singles, Couples and Families**



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**Adult Children of Divorced Parents: Making Your Marriage Work**



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Learn the latest techniques to fight fair, turn conflict into intimacy, rekindle passion, really talk to your kids, and improve your odds of success and happiness – all under the skilled guidance of the country's top experts. Attend alone or with a partner. If you are registered for the general conference, the seminars are included. Or, attend only the seminars: \$15 per person. Register at [www.smartmarriages.com/seminars.html](http://www.smartmarriages.com/seminars.html).



**801 Close Calls: Avoiding Adultery**

**Dave Carder, MA**  
Advice from thousands of adulterers help us identify our own high risk situations and "Dangerous Partner Profiles" and provides ideas for using Close Call experiences to actually strengthen marital intimacy.

**802 Why Talking Is Not Enough: 8 Loving Actions**

**Susan Page, MDiv**  
Transform your relationship by replacing the same old, round and round frustrating conversations with easy-to-learn loving actions. *For women only.*

**803 Win Your Wife's Heart Forever**

**Scott Haltzman, MD**  
If we can build skyscrapers and land on Mars, we can also figure out how to succeed at marriage. Eight Secrets From Happily Married Men on how to win – and keep – the prize. *For men only.*

**804 How To Avoid Marrying A Jerk – TOOBS**

**John Van Epp, PhD**  
Great marriages begin long before the wedding. Learn the 5 keys to successful mate-selection, and how to avoid the "love is blind" attachment-syndrome. For singles, or single again.

**805 The First Dance: Wedding Planning - TOOBS**

**Bill Doherty, PhD, Elizabeth Thomas**  
Wedding planning often involves complex, conflicted couple & family dynamics. Learn how to plan a "family-systems" wedding that will lay a solid foundation for life-long marriage.

**806 The Mother-In-Law Conundrum**

**Leanne Braddock, MEd, MA**  
Research and conventional wisdom say the mother-in-law relationship is critical to happy marriages. Brainstorm and add your own tips to those gathered from 1,000+ mothers and children about how to get it right.

**807 Marital Sex As it Ought to Be**

**Barry McCarthy, PhD**  
When it's good, it's great. When it's bad or non-existent, it's a bummer. Learn what it takes to have great marital sex – intimate and erotic – and how to prevent and resolve sexual problems.

**808 101 Things I Wish I Knew When I Got Married**

**Charles and Linda Bloom, MSWs**  
Learn simple but invaluable lessons – about vulnerability, privacy, motivation, myths – to make love last and how to integrate the lessons into a new or seasoned marriage.

**809 Remarriage Prep: The Second Time Around – TOOBS**

**Carri and Gordon Taylor, MA, MFT**  
Learn how to identify your non-negotiables – often overlooked in courtship – and the ten key steps to the development of intimacy & trust, both so crucial to the success of any remarriage.

**810 The Art of Couples Play**

**Keith Hackett, DMin**  
Experience how play can improve your relationship – help solve conflicts, have better sex, communicate and bond. Learn how to create your own Playshop. Attend alone or with a partner.

**811 PAIRS: Skills for Couples**

**Michele Baldwin, MSW, DeWitt Baldwin, MD**  
Whether you're dating, engaged, married or remarried, learn PAIRS skills guaranteed to kick your relationship up a notch. Easy, enjoyable, and transforming – use them 'til death do you part.

**812 Surviving Your Adolescents: 13 - 18 Year Olds**

**Tom Phelan, PhD**  
There are times you must keep quiet as they push toward independence and times you must take charge. This step-by-step approach will help end the hassles. Single parents & stepparents also welcome.

**813 Children of Divorce: Change Your Odds**

**Beverly Rodgers, PhD, Tom Rodgers, PhD**  
According to research, children of divorce are less likely to marry, and if and when they do, face higher divorce rates. Learn important steps to change the odds.

**814 Safety First: Rapid Relationship Repair**

**Peter Pearson, PhD, Elyn Bader, PhD**  
Even the best communication guidelines can be useless when discussing hot topics and feeling upset. Learn two techniques that manage the emotional brain and melt grudges.

**815 Getting to Know YOU**

**Lillian Breckenridge, PhD**  
Determine your Myers-Briggs personality type and learn strategies to better navigate relationships and differences. Couples and singles welcome!

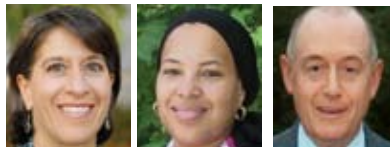
**816 Stop Arguing/Start Loving**

**Lee Raffel, MSW, Arlie Albrecht, MSSW, MFT**  
Learn about five unique conflict styles and seven steps to manage conflict that will help you better manage disagreements with friends, lovers, colleagues, and family members.

**817 The Spiritual Dimensions of Marriage**

**Ray Silverman, PhD, Star Silverman, MA**  
Learn how to understand everyday marriage advice about commitment, communication and conflict in a faith-based framework that will enable you to work together on spiritual growth.

**818 Marriage Rally: Teach In Transforming Communities Grassroots Style**



**Julie Baumgardner, MA, Nisa Muhammad, Judge Jim Sheridan, JD, MBA**  
Learn what communities across the country are doing to strengthen marriage and how you can get started. Brainstorm about opportunities – free media, the web, funding, volunteers, creating buy-in – and how to avoid the stumbling blocks.

**FREE e-newsletter. Subscribe at [smartmarriages.com](http://smartmarriages.com) for conference updates & bulletins and to stay current year round.**

**The Spiritual Dimensions of Marriage**  
*Ray & Star Silverman*  
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# PROGRAM AT A GLANCE

MON/TUES/WED June 30, July 1, 2	THURSDAY July 3	FRIDAY July 4	SATURDAY July 5	SUNDAY July 6
Exhibits Wed. 8am–9:30pm  Registration open daily at 7:30am	Roundtables 7:30am • Military • Family Ministry • CMPS • Latino/Hispanic • African American • School/Youth • Healthy Sexuality Exhibits 8am–7pm	Roundtables 7:30am • Military • Family Ministry • Latino/Hispanic • African American • Asian • CMPS Exhibits 8am–6pm	Roundtables 7:30am • Military • Family Ministry • Latino/Hispanic Exhibits 8am–7pm	DVD/CD Sales open until noon, Sun, June 6
8:30am–5:30pm 7.5 hr CE per day <b>PRE-CONFERENCE INSTITUTES</b> 100's	8:30–9:45am 1.25 hr CE <b>PLENARY (P-2)</b> Gary Chapman: <i>5 Love Languages</i>	8:30–9:45am 1.25 hr CE <b>PLENARY (P-5)</b> Markman, Stanley: <i>With Individuals</i>	8:30–9:45am 1.25 hr CE <b>PLENARY (P-7)</b> Sue Johnson: <i>Hold Me Tight</i>	
<b>PRE-CONFERENCE BANQUET (B-1)</b> 6:30pm, Tues, July 1 2 hr CE Harville Hendrix & Helen LaKelly Hunt <i>IMAGO: Couplehood As A Spiritual Path</i>	10–11:30am 1.5 hr CE <b>WORKSHOPS</b> 200's	10–11:30am 1.5 hr CE <b>WORKSHOPS</b> 400's	10–11:30am 1.5 hr CE <b>WORKSHOPS</b> 600's	Watch Conference videos on YouTube.com - just search for "Smart Marriages"  •••  2008 Impact Award winners and past recipients: <a href="http://smartmarriages.com/impactawards.html">smartmarriages.com/impactawards.html</a>  •••  Check the attendee-by-state list at the registration desk and use the message boards to arrange lunch with people from your area or who share your interests
	<b>Lunch on your own</b> 11:30am–12:30pm	<b>Lunch on your own</b> 11:30am–12:30pm	<b>Lunch on your own</b> 11:30am–12:30pm	
	12:45–2pm 1.25 hr CE <b>PLENARY (P-3)</b> John Van Epp: <i>Waiting to Marry</i>	12:45–2:15pm 1.5 hr CE <b>PLENARY (P-6)</b> Julie Baumgardner: <i>Tools</i> David Olson: <i>Couple Checkup</i>	12:45–2:15pm 1.5 hr CE <b>WORKSHOPS</b> 700's	
2:15–3:45pm 1.5 hr CE <b>WORKSHOPS</b> 300's	2:30–4pm 1.5 hr CE <b>WORKSHOPS</b> 500's	2:30–3:45pm 1.25 hr CE <b>PLENARY (P-8)</b> Cloé Madanes: <i>Ultimate Relationships</i>		
4–5:30pm 1.5 hr CE <b>PLENARY (P-4)</b> Weiner-Davis: <i>Sex-Starved Wife</i> Love: <i>Marriage Vitality</i>	4:30–6pm <b>Roundtable "Talk Abouts"</b> • Medical Setting • Workplace • Californians Only • Program Evaluation	4–5:30pm 1.5 hr CE <b>SEMINARS</b> 800's		
5:30–6:30pm <b>Dinner on your own Exhibits Book Signing/Meet the Authors</b>	<b>CHMI Networking Exhibits/Book Signing</b> 6pm Jewish Sabbath Service	6pm Jewish Sabbath Service	<b>Exhibits close 7pm</b> Mass 5:45pm <b>Dinner on your own</b>	
6:30pm, Wed. 2 hr CE <b>OPENING PLENARY (P-1)</b> Sollee: <i>Welcome</i> Stoica: <i>The California Campaign</i>	7–9:30pm 2 hr CE <b>BANQUET (B-2)</b> Bill Doherty: <i>Raising Children for Good Marriages</i>	<b>Dinner &amp; Fireworks on your own!</b>	7:30–10pm 2.5 hr CE <b>PLENARY (P-9)</b> Sat Night Live! John Gray: <i>Mars Venus Collide</i>	
8:30pm <b>WELCOME RECEPTION</b>				
8:45pm <b>Singles Only Seminar</b> Susan Page 1.5 hr CE <i>If I'm So Wonderful...</i>				



## Stop Talking Start Connecting

Programs for you to use, to help couples to connect

- Education: **ImagoConnects**
- Counseling: **Imago Relationship Therapy**
- Coaching: **DialogFirst**
- Workshops: **Getting the Love You Want**
- Out of the box: **Through Conflict to Connection**

Don't miss our exciting new "Out of the Box" version of the Imago program for faith-based couples:

### "Couplehood as a Spiritual Path"

from Harville Hendrix, PhD and Helen LaKelly Hunt, PhD

For Imago: (800) 729-1121  
[www.GettingTheLoveYouWant.com](http://www.GettingTheLoveYouWant.com)

For our faith-based programs: (866) 489-1163  
[www.CouplehoodAsASpiritualPath.com](http://www.CouplehoodAsASpiritualPath.com)

## POWER of TWO™ ONLINE

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Online activities for couples and teens.



Free to play. Free to add to your website.

Visit our booth or visit us at  
[www.poweroftwo.org](http://www.poweroftwo.org)

**Hotel - Reserve Today!!** The Hilton San Francisco, location of all conference events, offers \$115 single/double conference rates – based on availability. Reservations: 800-445-8667. Rates in effect June 28-July 7 – enjoy this luxury hotel with great dining, pool & spa. just blocks from Union Square. If hotel fills up, see [smartmarriages.com/hotel.html](http://smartmarriages.com/hotel.html) for overflow.

**Travel:** Save money AND help the Coalition by using our discounts. Use code to book directly or through an agent. United Airline: code 563XA at [united.com](http://united.com) or 800-521-4041. Avis 800-331-1600 #D086788. Discounts apply June 23 -July 13. See the sights!

**San Francisco** – that city by the bay and everyone's favorite has it all – cable cars, the Golden Gate, Alcatraz, Chinatown, Fisherman's Wharf, seals, the crookedest street, great shopping, museums and dining. Bring the kids. Watch the fireworks over the bay! Plan side trips to the Redwoods, Wine Country, Yosemite. See web for details.

## Continuing Education (CE)

### We've Got You Covered!

MFT? Social Worker? Counselor? Psychologist? CFLE?  
Up to 59 hrs CE!

See [www.SmartMarriages.com/ceu.html](http://www.SmartMarriages.com/ceu.html)  
for accreditation details.

#### CE Procedures

Evaluate the conference and print your Certificate on-line immediately following the conference. CE Certificates and Certificates of Attendance are included in the Conference registration fee—there is no additional CE certification charge.

**What's Included:** If you are registered for the conference, you are registered for 12 keynote sessions including the opening keynote and reception 6:30pm Wed night; and the Sat Night Live "Why Mars & Venus Collide" with John Gray. You do not need to select these keynote sessions on your registration form, it's automatic. If you register for one day, you are registered for the keynotes on that day. Wear your conference badge for admission. Banquets Tues & Thurs require registration and an additional fee.

**Recordings:** Workshop and keynote sessions are recorded and are available on CD, DVD, and MP3, and are on sale at the conference and on the website. Institutes are not recorded. *Personal recorders are not permitted in any sessions. CE does not apply to recordings.*

**Jewish Sabbath Service:** Fri, 6pm.

**Catholic Mass:** Sat, 5:45pm.

**The public—both couples and singles**—are encouraged to attend the conference.

**Singles:** Attend the Singles Seminar and get an early start at Smart Networking! 1.5hrs CE. Wed 8:45pm. Included in conference registration. Just show up.

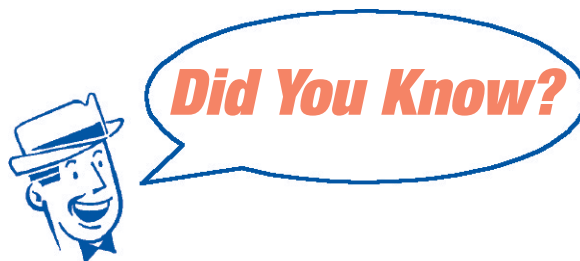
**Networking:** Make connections and build coalitions.

**Organize Lunch Groups:** Check the list of registrants by state & city at the registration desk. Use the message boards to organize lunch with people from your region or who share your interests – i.e., Oregon or Ohio, Stepfamilies or Mentors. Attend the Morning and Afternoon Roundtables. See the on-site packets for location and topics.

**Special Interest Morning Roundtables:** Thurs, Fri & Sat: 7:30-8:15am. To include: Latino, Military, Family Ministry, CMPs, African American, Asian, School/Youth. Bring coffee & a bagel and meet others that share your interests.

**Roundtable Interest Group Talkabouts:** Fri, 4:30-6pm Medical Settings, Workplace, Program Education, and For Californians Only.

**CHMI Networking** - Thurs, 5:30pm Meet with other Community Healthy Marriage Initiatives and brainstorm about what works.



**Register on-line at: [www.smartmarriages.com](http://www.smartmarriages.com)**

**If you register on-line:**

1. You save \$10 per registration

**And if you register on-line by May 12th:**

2. You are guaranteed your first session choices.  
3. You will be entered in a drawing for a **free 2009 conference registration**. Four chances to win.

**OR REGISTER BY MAIL OR FAX:**

- Make checks payable to CMFCE. (\$55 charge for returned checks.)  
**CMFCE Tax ID #52-1991725**
- Payment in full by check or credit card, in US funds, MUST accompany registrations. Registrations without payment or workshop selections will be held at the registration desk and processed on-site, at the on-site rate.
- Registrations online, via mail, express mail, or fax must be received by noon, June 25. Or, register on-site on a space-available basis.
- Admission Badges with workshop assignments and conference information will be mailed by June 18 to those with a US mail address. Badges of late registrants, incomplete registrations and those outside the US will be held for pick-up at the CMFCE registration desk.

**Spouse Discounts:** To qualify, each spouse must submit a completed registration form with session selection numbers; include each other's names on forms in the space provided; and submit both forms together with one combined payment. One spouse registers at regular rate, 2nd spouse takes the discount. To qualify for Institute Spouse Discount, both spouses must attend the same institute.

**Student Discounts:** To qualify, must be registered in a full-time degree program and a copy of your current fee statement MUST accompany your registration (mailed, faxed, or on-line) or you will be charged the regular rate. No exceptions. Register online and save \$10. If you register on-line, you must fax your fee statement within 72 hrs. Spring 2008 graduates qualify. Excludes 1-day registrations, banquets and institutes.

**Group/Team Discounts:** Register 4 from an organization, and a 5th attends FREE. To qualify, each person must complete a registration form with one person designated as a contact and all forms submitted together with one combined payment. No cancellations or refunds—substitutions only. Excludes banquets, and institutes.

**ONLINE** registration is available for group, couple, and student discounts.

**Note:** There are no scholarship, MFT Intern or foreign discounts available.

**Cancellation:** Requests must be made in writing and received by May 23, for full refunds less a \$60 processing fee. May 24–June 30, no refunds, medical partial '09 credit only. (See web for details.) Refunds mailed by August 30.

**Attendees with Disabilities:** Be sure to mention any accessibility issues when making hotel reservations.

**See Frequently Asked Questions • [smartmarriages.com](http://smartmarriages.com)**



**HEY!**

# REGISTER ONLINE by May 12: Save \$60, be entered to win a free conference registration, and be guaranteed your first session choices!

If you register by mail or fax, only one person per form. Copy the form BEFORE completing—you'll need extras to register a spouse or group. Photocopy after completing for your records.

First Name (Please PRINT as it should appear on badge, i.e. Joe or Joseph.) \_\_\_\_\_ Last Name \_\_\_\_\_ Degree \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Country \_\_\_\_\_

(\_\_\_\_\_) \_\_\_\_\_ (\_\_\_\_\_) \_\_\_\_\_  
Day Phone (include area & country codes) Evening Phone

Email \_\_\_\_\_

Vegetarian meals      **This is my first Smart Marriages Conference**     Yes     No

I AM PRESENTING

**Online:** at [www.smartmarriages.com](http://www.smartmarriages.com)  
(with Credit Card and save #10)

-OR-  
**Mail:** CMFCE c/o Amedco  
Box 17009  
St Paul, MN 55117

-OR-  
**Fax:** 651-489-3387 (with Credit Card)

*Note:* Registrations—online, mailed, express-mailed or faxed—must be received by noon, June 25. If you can't make this deadline, do NOT send your registration. Register, instead, on-site on a space-available basis. **Do not both mail and fax/email your form —you will automatically be charged twice.**

**ONLINE SPECIAL!** Save \$10 on Conference rates below (Regular, Spouse, Student, Daily) by registering Online until June 25 at [www.smartmarriages.com](http://www.smartmarriages.com). For additional \$50 early-bird discount, register by May 12.

**Conference** Wed 6:30pm–Sat 10pm  
Includes 12 keynotes, 6 workshops, 1 seminar.

**Check Boxes CIRCLE Amounts**

	Received by May 12	After May 12
--	-----------------------	-----------------

<input type="checkbox"/> Regular	\$365	\$415
<input type="checkbox"/> Spouse*	\$265	\$315
<input type="checkbox"/> Student**	\$265	\$315

-OR-  
 Daily Rate includes keynotes on that day  
(CHECK ONE  THURS  FRI or  SAT)    \$195    \$215

**Total A: \$ \_\_\_\_\_**

Spouse, student & group rates apply to full conference only.

### PRE & POST CONFERENCE TRAINING INSTITUTES

**CIRCLE AMOUNTS**  
\*(Spouse discount rate with a regular price registration, if attending same institute only.)

	With Full Conference	Without Full Conference
<b>PRE-CONFERENCE INSTITUTES:</b>	*(Spouse)	*(Spouse)
<input type="checkbox"/> 3-Day 101–106 (M/Tu/W)	\$390 (\$240)	\$545 (\$395)
<input type="checkbox"/> 2-Day 107–114 (Tu/W)	\$260 (\$160)	\$365 (\$265)
<input type="checkbox"/> 2-Day 115 (Tu/W) (Free: 116)	\$130 (\$80)	\$185 (\$135)
<b>POST-CONFERENCE INSTITUTES:</b>		
<input type="checkbox"/> 1-Day 901–914 (Sun)	\$130 (\$80)	\$185 (\$135)

**Total B: \$ \_\_\_\_\_**

### BANQUETS

**Harville Hendrix & Helen Hunt:**

*Couplehood As a Spiritual Path* • Tues, July 1

# \_\_\_\_\_ tickets @ \$39 = \$ \_\_\_\_\_

**Bill Doherty: Raising Children for Good Marriages** • Thurs, July 3

# \_\_\_\_\_ tickets @ \$39 = \$ \_\_\_\_\_

**Total C: \$ \_\_\_\_\_**

**Saturday Night Live: John Gray - Mars/Venus Collide**

*This event is included in your conference registration.*

To purchase **guest** tickets: # \_\_\_\_\_ guest tickets @ \$55 =

**Total D: \$ \_\_\_\_\_**

Please add totals A, B, C & D

**TOTAL AMOUNT ENCLOSED \$ \_\_\_\_\_**

### SELECT SESSIONS!!!

Session selections must be listed by 3-digit number (example #109) and payment included, for your registration to be complete. Registrations without session selections will be held at the conference to be completed on a session-available basis. Badges will not be mailed to those with incomplete registrations. If payment is received after the May 12 cut-off date, the higher rate will apply.

#### PRE-CONFERENCE INSTITUTES: (Pg 3)

Fill in the 3-digit Session Numbers: Example: #109

3 day 101–106 Mon, Tues & Wed \_\_\_\_\_

2 day 107–116 Tues & Wed \_\_\_\_\_

#### POST-CONFERENCE INSTITUTES: (Pg 4)

1 day 901–914 Sun \_\_\_\_\_

#### WORKSHOPS: (Pgs 5–10)

1st Choice      2nd Choice

Thursday Morning: 201–220 \_\_\_\_\_

Thursday Afternoon: 301–320 \_\_\_\_\_

Friday Morning: 401–420 \_\_\_\_\_

Friday Afternoon: 501–520 \_\_\_\_\_

Saturday Morning: 601–620 \_\_\_\_\_

Saturday Afternoon: 701–720 \_\_\_\_\_

#### SEMINARS: (Pg 11)

Saturday: 4–5:30pm 801–818 \_\_\_\_\_

\*Spouse Discount Registrants must each complete a separate registration form. Submit together with one type of payment to qualify for discount. EACH must PRINT the first & last name of their spouse here:

\*My Spouse's name: \_\_\_\_\_

\*\*Students: Current school fee statement MUST accompany registration form. (See pg 22)

### CANCELLATIONS AND REFUNDS

Requests for refunds must be made in writing, mailed, emailed or faxed and received by May 23, and are subject to a \$60 processing fee. Refunds will be mailed by Aug 30.

### PAYMENT

- Payment in full, in US funds, MUST accompany registrations.
- Make checks or money orders payable to CMFCE Conference. (\$55 charge for returned checks.)

Card # \_\_\_\_\_

Exp. Date \_\_\_\_/\_\_\_\_ Billing ZIP code \_\_\_\_\_

For info: 651-487-3001 or [smc@cmehelp.com](mailto:smc@cmehelp.com).